

1

Think Holistically

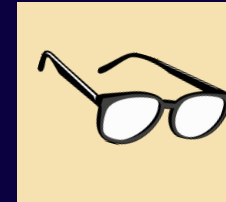
Think about all areas of your life: mental and physical health, family, purpose/career, finances, friends, community and any other areas that have meaning.



2

Dream Big

Don't hold back! Search the internet and magazines for pictures of all the things that represent what you desire for your life and what you want to achieve in 2020.



3

Get Organized

Print/cut out pictures and quotes that describe all you dream about becoming and having. Select items that have significance to you and ultimately describe what you want to see happen in your life.



4

Tell the Story

Use the items to tell the story of how your life will look in the future. Ultimately, you will be describing what you want to see happen in the next year.

5

Hang it Up

Once you're done, hang it in a place that feels right. Whether that's in a main room or behind a door where only you can see it, be intentional about where you display it. Make sure to hang your vision board in a place that will inspire you, yet not overwhelm you.

A DETAILED PLAN TO CREATE YOUR

20/20 Vision

A Vision Board Guide

WHAT'S POSSIBLE FOR 2020

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